

THE  
PLOUGH

Great Local Food, Simply Prepared Well

presents...



FOOD | DRINK | COMMUNITY

# FOOD MENU

## Starters

(V) Plough Focaccia with our own Olives, Beetroot Hummus & a Olive Oil & Balsamic Reduction	£5.95
(V) Soup of the Day with Plough Bread & Butter	£5.95
Penbugle Farm Hogs Pudding Scotch Egg with Aioli & Dressed Leaves	£7.95
Nel's Smoked Mackerel Pate with Dressed Leaves & Homemade Crostinis	£7.95
Local Crab Arancini with Aioli & Dressed Leaves	£9.95
Lightly Fried Breaded Whitebait, Plough Aioli & Dressed Leaves	£7.95
Nacho's with Melted Cheese, Salsa, Sour Cream & Guacamole	£6.95/£9.95
(V) Honey Roast Field Mushroom, Blue Cheese Crumble, Balsamic Reduction & Dressed Mixed Leaves	£7.95
(V) Halloumi Fries with Homemade Smoked Tomato Relish	£7.95

## Mains

Local Mussels in a Garlic, White Wine & Cream Sauce, served with Plough Focaccia (or chips main course)	£7.95/£14.95
Plough Seafood Chowder, White Fish, & Seafood in a Creamy Sauce, served with Focaccia (or chips main course)	£7.95/£14.95
Homemade Plough Burger with Smoked Tomato Relish, Monterey Jack cheese in a Gourmet Bun with Hand Cut Chips & Homemade Coleslaw (VG option available)	£13.95
(VG) Goan Curry, White & Wild Rice, Naan & Mango Chutney (naan not Vegan)	£13.50
With Chicken or Fish	£15.95
Herb Roasted Half Chicken & Hand Cut Chips with Chimichuri Sauce	£14.95
Trio of locally Landed Fish, Lemon & Caper Butter, Cornish New Potatoes & Summer Seasonal Vegetables	£17.95
Plough Ale Battered Fish & Hand Cut Chips, Mushy or Garden Peas	£12.95
Sirlion Steak, Hand Cut Chips, Field Mushroom, Tomato, Asparagus & a Mushroom or Peppercorn Sauce	£22.95
Plough Skewers served with Wild Rice, Summer Seasonal Vegetables, Tatziki & Salsa Verde	
(V) Halloumi	£13.50
Chicken & Chorizo	£15.95

## Side Dishes

Garlic Bread (Add cheese for £1)	£2.50
Hand Cut Chips (Add cheese for £1)	£2.95
Mixed Leaf Salad	£2.95
Medley of Vegetables	£2.95
Homemade Coleslaw	£1.95

**If you have any dietary requirements or allergies, please inform a member of our team.**



## Something for the Under 12s

Plough Battered Fish of the Day & Hand Cut Chips

All £6.95

Classic Pork Chipolatas & Hand Cut Chips

Plough Breaded Chicken Goujons & Hand Cut Chips

Pasta with Bacon, Cream & Cheese

## Desserts

Plough Biscoff & Vanilla Cheesecake

All £6.95

Lemon Posset

Plough Berry Mess; Mixed Berries, Ice Cream, Clotted Cream & Vanilla Cream

Chocolate Brownie with White Chocolate Sauce & Chocolate or Vanilla Ice Cream

A trio of Ice Cream

## A selection of Tea & Coffee available

## Sundays at The Plough

3pm - 8pm

Our famous Black Treacle cured Roast Sirloin of Beef with all of the trimmings

£13.95

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